

# **CBD Health Services – Multidisciplinary Mental Healthcare**

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## **ASD (Autism) ASSESSMENT PROCEDURE FEES**

You will need a referral from your GP or psychiatrist if you wish to claim Medicare rebates. Please call for appointment to begin the process of assessment of ASD (autism spectrum disorder).

You and other trusted family members and friends will be included in the testing procedure to give an accurate diagnosis from a psychological perspective. If you have been referred by a psychiatrist he/she will consider my detailed report, and will give a formal psychiatric diagnosis, medicate if necessary and give further instructions which may include therapy.

**Session 1 (50 minutes \$195 City - \$180 Mandurah)** - initial consult - history (complete) (this session may be unnecessary if your psychiatrist provides me with a full history) and a hard copy of a self-test given to you to take home to score. Please score this yourself in blue pen.

### **If you require a report and final diagnosis from Psychiatrist.**

Ask trusted family and friends to score in another colour on the same test sheets. This provides collateral evidence should you wish to proceed with a report and formal diagnosis from your psychiatrist. Please bring this test back on your second visit.

**Session 2 (50 minutes \$195 City - \$180 Mandurah)** - introduction to interview, recording answers,

**Session 3 (50 minutes \$195 City - \$180 Mandurah)** - a review and interview of all questions and examples given in the questionnaire. You are encouraged to attend with a friend or close family member. Please also bring any school reports you have. A verbal indication is usually given in this session.

Medicare do not rebate for adult ASD assessment, but since I include therapy during the sessions it may draw a rebate of up to \$84.80 per session.

Report (2 hours \$180 per hour - no Medicare rebate) sent to psychiatrist after payment and a copy sent to you. You are then to return to see your psychiatrist for final diagnosis.

**TOTAL COST \$800-\$975 less maximum Medicare Rebate \$255 = \$545-\$720**

Therapy is then an option non-dependent on your psychiatrist's determination.

If the diagnosis is ASD there may be some initial shock for you but then as the pieces start to fit, clients are usually very happy to understand themselves more, how and why they are different to others and attend therapy to manage it better. Relationships are particularly difficult for people with ASD as is long term work or career.

I really look forward to meeting you.

Regards

Kathrine Selmer Johansen  
Psychologist